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HISTORIC 2025 LHSAA STATE WRESTLING MEET TO FEATURE GIRLS’ DIVISION FOR THE FIRST TIME

BOSSIER CITY, LA. – The Louisiana High School Athletic Association (LHSAA) is set to make history at the 2025 State Wrestling Meet, as female student-athletes will compete in their own division for the first time in state history. The championship event will take place on Friday, February 14, and Saturday, February 15, 2025, at the Brookshire Grocery Arena in Bossier City, Louisiana.

The LHSAA State Wrestling Meet has showcased the best high school wrestlers in Louisiana, with individual champions crowned in 14 weight classes across three boys’ divisions (Divisions I, II, and III). This year’s tournament is set to be a landmark event, as the inclusion of a dedicated Girls’ Division will provide female wrestlers the opportunity to compete against each other for their own state titles.

“The introduction of a Girls’ Division is a momentous step for wrestling in Louisiana,” said Adam MacDowell, LHSAA Assistant Executive Director. “This is a testament to the growth of girls’ wrestling at the high school level and the commitment of our schools and coaches to providing equal opportunities for all athletes.”

Doors will open for spectators at 8:30 a.m. on Friday, February 14, and at 9:00 a.m. on Saturday, February 15. Competition begins at 9:30 a.m. on Friday and 10:00 a.m. on Saturday, culminating in the championship finals on Saturday at 5:00 p.m.

Boys’ Divisions (I, II, III): Each division will feature 14 weight classes, with competitors vying for individual and team championships.

Girls’ Division: Female wrestlers will compete in their own brackets, progressing through championship and consolation rounds just like their male counterparts.

Session III - Championship Finals:

Boys’ Finals: Division I (Mat 2), Division II (Mat 1), Division III (Mat 3) Girls’ Finals: Mat 4 (marking the first-ever LHSAA Girls’ Wrestling State Champions)

The addition of a Girls’ Division reflects the increasing participation and talent level of female wrestlers in Louisiana. Across the country, girls’ wrestling has seen rapid growth, and the LHSAA’s commitment to inclusion ensures that Louisiana athletes are not left behind.

LHSAA... Beyond the Game

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“This will be a special moment for so many young athletes,” said MacDowell. “We hope this inspires more female students to explore the sport and continue to push boundaries.”

With state titles on the line, the 2025 LHSAA State Wrestling Meet is expected to be one of the most exciting in history. Fans, families, and wrestling enthusiasts are encouraged to attend and witness this groundbreaking event live.

The entire tournament will also be streamed live on the NFHS Network. You can find the link to this by visiting the wrestling page on the LHSAA website or downloading the NFHS Network app on your smart device.

For more information and tournament updates, *visit lhsaa.org/wrestling* or follow *@LHSAAsports* on social media.

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