



2025 TIME STANDARDS

LHSAA STATE CHAMPIONSHIPS - SULPHUR, LA

NOVEMBER 19-21, 2025

DIVISION I		DIVISION II		EVENT	DIVISION III		DIVISION IV	
GIRLS	BOYS	GIRLS	BOYS		GIRLS	BOYS	GIRLS	BOYS
2:17.03	1:56.09	2:30.54 _{-6.55}	2:16.94 _{-2.65}	200 FREE	2:37.22 _{+4.58}	2:17.20	2:45.00	2:35.99
2:33.34	2:15.28	2:48.64 _{-9.76}	2:36.06	200 IM	2:55.31	2:31.54	3:03.54	3:16.93
28.03 _{-0.44}	23.48 _{-0.70}	30.30 _{+0.58}	26.17 _{+0.45}	50 FREE	30.06 _{+0.88}	25.39	31.10	29.26 _{-0.39}
1:11.91	59.28	1:19.73 _{+2.32}	1:07.32	100 FLY	1:23.43 _{+2.43}	1:09.47	1:28.78	1:28.78
1:01.19	52.80	1:05.97	1:00.05 _{-1.75}	100 FREE	1:06.98 _{-0.61}	1:00.91 _{+0.74}	1:12.80 _{-1.56}	1:07.15
6:29.06 _{+11.33}	5:39.05 _{-0.80}	7:00.45	6:31.29	500 FREE	6:53.81	6:28.83 _{-13.10}	7:10.74	7:47.82
1:14.30 _{-1.45}	1:01.70	1:19.03	1:10.52	100 BACK	1:16.71	1:09.87	1:27.75	1:26.72
1:20.20	1:08.97	1:26.96	1:17.47	100 BREAST	1:31.44 _{+2.66}	1:18.95	1:37.02	1:24.95

(+ or -) difference from 2024 standards