

CONSTITUTION OF THE LOUISIANA HIGH SCHOOL COACHES' ASSOCIATION

SECTION 1- NAME

- 1.1 This association shall be known as the Louisiana High School Coaches Association (LHSCA)

SECTION 2 – CREATION

- 2.1 This association was created with the consent of a representative group of coaches and with the approval of the Louisiana High School Athletic Association.
- 2.2 The LHSCA is a sub-group of the Louisiana High School Athletic Association, and all rules of the LHSAA must be observed by all member coaches.

SECTION 3 – OBJECTIVES

- 3.1 The objectives of this association, a voluntary organization, shall be as follows:
1. To promote harmonious relationships between principals and coaches in their respective schools concerning the administration of athletics.
 2. To help maintain the highest possible standards in athletics and the coaching profession
 3. To secure a better understanding of the problems in athletics.
 4. To endeavor to improve athletics in all phases.
 5. To secure a more beneficial understanding of the various phases of athletics.
 6. To place at the disposal of coaches sources of athletic information.
 7. To work together for the improvement of conditions in Louisiana high school athletics.
 8. To have a representative group of coaches in which problems of general interest may be discussed and to which they may be referred for the friendly interchange of ideas, resulting in better relationship between schools.
 9. To promote good fellowship and make social contact

SECTION 4 – MEMBERSHIP

4.1 REQUIREMENTS

1. The membership of this association shall consist of any full time athletic director, trainer, or any active athletic coach including non-faculty coaches who have successfully completed the requirements of the LHSAA Coaches Education Certification Program.
2. The LHSCA members must be employed by the school board and meet the requirements of the Coaches' Rule as specified in the LHSAA Constitution.
3. Members must be working with a high school team at a member school of the LHSAA.
4. Members agree to be bound by the Constitution and By-Laws of both the LHSCA and the LHSAA.

4.2 DUES

- 4.2.1 The membership dues shall be \$40.00 per member
- 4.2.2 The membership dues are to be paid annually

4.3 PRIVILEGES

4.3.1 Upon payment of annual dues, each member is entitled to the following as an active member:

1. An active vote in the association
2. A copy of the LHSCA directory and LHSCA yearly coaches' calendar.
3. One Million Dollar Liability Insurance Coverage for professional teachers and optional reduced camp coverage.
4. **Coaches Cards**
 - A. A **Faculty** coaches card certifying membership in the association and providing a pass for the named coach and one guest for any regularly scheduled or special high school athletic event sponsored by a member school. **(NOTE: The member MUST present his/her drivers' license at all state Championship events.)**
 - B. A **Non – Faculty** coaches card certifying membership in the association and providing a pass for the **NAMED COACH ONLY** for any regularly scheduled or special high school athletic event sponsored by a member school. **(NOTE: The member MUST present his/her drivers' license at all state Championship events.)**
5. Nominate candidates for the all-star teams.
6. Considered as candidates to coach in the all-star games.

4.4 RECOGNITION

4.4.1 Members of the LHSCA shall be recognized in the following manner:

1. Members with twenty-five years of high school service in state shall be awarded plaques in appreciation for services upon written request for application.
2. The above mentioned application must be submitted to the LHSCA by April 1 of each year to be received at that year's Annual Convention.
3. Coaches receiving a twenty-five year plaque shall be presented their plaques during the Summer Coaching Clinic.
4. Once a coach retires, with a minimum of fifteen years coaching service, he/she shall be given a lifetime honorary membership in the LHSCA upon written request.
5. The coaches pass entitles the above mentioned coach to the same benefits and privileges of active Members.

4.5 RESTRICTIONS

- 4.5.1 A coach who belongs to the LHSCA may not be a member of any other coaches' association that is not recognized by or in good standing with the LHSCA.
- 4.5.2 Any member that misuses his/her membership card shall have the card revoked for one calendar year.

4.6 APPEALS

- 4.6.1 If an LHSCA member has their card revoked, he/she may request a hearing before the executive council to appeal the revocation of their card.
- 4.6.2 Upon appeal, the executive council shall have the right to waive or lessen the penalties cited in 4.5.2.

4.7 LOSS OF CARD

- 4.7.1 Any member losing his/her coaching card shall pay a fee of \$10.00 to the LHSCA to replace the card.
- 4.7.2 A written request on school letterhead and signed by the member school principal must be submitted along with a school check in the amount of \$10.00.
- 4.7.3 The replacement card will not be issued unless 4.7.1 and 4.7.2 are met.

4.8 EX-OFFICIO MEMBERS

- 4.8.1 The Commissioner and the Assistant Commissioners of the LHSAA shall be considered bona fide members of the LHSCA and entitled to all privileges of an active member.

SECTION 5 – FISCAL POLICY

- 5.1 The LHSCA fiscal year shall be from July 1 through June 30
- 5.2 Membership of the LHSCA runs concurrent with the fiscal year

SECTION 6 – OFFICERS

- 6.1 The following policies shall be followed when electing officers of the LHSCA:
 - 1. Nominations shall be made in open meeting by members from the floor.
 - 2. Elections of the officers shall be by standing vote.
 - 3. The First Vice-President and Second Vice-President shall automatically move up each year as President and First Vice- President.
 - 4. Only the Second Vice-President shall be elected each year.
 - 5. The candidate who receives the majority of votes shall be declared elected.
 - 6. The Second Vice –President must be from the same section of the state as the President.
(EXAMPLE: If the President is from the East, the Second Vice-President must come from the East and vice-versa.)
 - 7. The Second Vice-President is elected from the east in even years and from the west in odd years.
 - 8. The term of office shall be one year.

6.2 BOUNDARY LINES FOR OFFICERS

- 6.2.1 The boundary lines for dividing the state into East and West for the election of officers shall be as follows:

- 1. At the Arkansas line running south on Highway 167 to Highway 71.
- 2. Following Highway 71 to Highway 190 to the Mississippi River.
- 3. Proceed down the Mississippi to the Gulf of Mexico.
- 4. Schools on the line will be in the East.

6.3 APPOINTED OFFICERS

- 6.3.1 The Secretary-Treasurer shall be appointed by the Executive Council. This shall be a contracted position in which compensation is approved by the Executive Council.

6.4 UNEXPIRED TERM

- 6.4.1 In the event an officer or Executive Council member leaves the high school coaching field in good standing he/she may continue his/her duties until the end of the next annual clinic.
- 6.4.2 In the event an officer or executive Council member cannot fill his/her term of office, the President shall appoint a member from the appropriate category to fill the vacancy for the remainder of the term.

6.5 DUTIES OF OFFICERS:

- 6.5.1 The duties of the **PRESIDENT** shall be as follows:

- 1. Preside at association meetings and all Executive Council Meetings.
- 2. Call special meetings of the association and the Executive Council.
- 3. Appoint committees annually as needed.
- 4. Countersign all LHSCA checks.
- 5. Appoint members to fill vacancies on the Executive Council

- 6.5.2 The duties of the **FIRST VICE-PRESIDENT** shall be as follows:

- 1. To perform duties of the president in his/her absence.
- 2. To review the financial records of the association annually.

- 6.5.3 The duties of the **SECRETARY-TREASURER** shall be as follows:
1. Supervise the association's correspondence.
 2. Maintain and print a roster.
 3. Send notices of all meetings..
 4. Attend all finance meetings of the association upon authorization of the Executive Council.
 5. All checks shall be counter signed by the President and the Secretary-Treasurer
 6. Collect and record all money.
 7. Render semi-annual financial statements to the president.
 8. Secure adequate bond.
 9. Prior to the coaching school, obtain the services of a licensed auditor, selected by the president, and have a complete audit of all of the association's funds.
 10. Make financial report to the association at the annual meeting and have copies available for all members.
 11. Disburse and invest association's money so that no more than \$250,000 is placed in any one bank or financial institution.
- 6.5.4 The duties of the **SECOND VICE-PRESIDENT** shall be as follows:
1. To work under the Secretary-Treasurer in any manner prescribed by the Secretary-Treasurer
 2. To assist the First Vice-President in reviewing the financial records of the association annually.

SECTION 7 – EXECUTIVE COUNCIL

7.1 POWERS OF THE EXECUTIVE COUNCIL

1. The Executive Council shall serve as the board of directors for the LHSCA
2. The Executive Council shall have complete control and management of the association's affairs, funds, and property.
3. During the interim of the annual general business meeting of the LHSCA, the Executive Council, with a quorum, shall be empowered to pass all rules and Constitutional provisions.
4. The Executive Council shall make all appointments necessary and proper for conducting official business for the association.

7.2 AUTOMATIC MEMBERS

1. The President moves up from First Vice-President. He /she serves a one year term from the east on even years and from the west on odd years. Serves on the LHSAA/LHSCA Hall of Fame Selection Committee.
2. First Vice-President moves up from Second Vice-President. He/she serves a one year term from the east on odd years and from the west on even years. Serves on the LHSAA/LHSCA Hall of Fame Selection Committee.
3. Immediate Past President – serves a one year term as immediate past president following one year as president from the east on odd years and from the west on even years. Serves on the LHSAA/LHSCA Hall of Fame Selection Committee
4. Immediate Past President shall become an LHSCA representative to serve a two year term on the Executive Committee of the LHSAA.
5. Immediate Past President shall become the LHSCA representative to serve a one year term as a non-voting member of the LSWA Executive Committee.
6. Past President shall serve a one year term as past president following one year term as immediate past president.
7. Past President shall be the Second LHSCA representative to serve a two year term on the executive committee of the LHSAA.

NOTE: In the event that the Past President, President, or First Vice-President cannot serve on the Hall of Fame Selection Committee, the president shall select a replacement from the active and retired coaches available to serve.

7.3 ELECTED MEMBERS

1. **SECOND VICE-PRESIDENT** shall serve a one year term and be elected at the annual meeting from the east in even years and from the west in odd years.
2. **BASEBALL COORDINATOR (1)** – elected by the baseball coaches executive committee at the annual business meeting in January, one from the east in odd years and one from the west in even years as an assistant coordinator and the second year as the coordinator and the LHSCA executive council member. This is a two-year staggered alternating term.
3. **BOYS BASKETBALL COORDINATOR (1)** – elected by the basketball coaches at the annual business meeting from the east in even years and the west in odd years to serve first year as vice coordinator and the second year as coordinator and council member. This is a two-year alternating term.
4. **GIRLS BASKETBALL COORDINATOR (1)** – elected by the basketball coaches at the annual business meeting from the east in odd years and the west in even years to serve first year as vice coordinator and the second year as coordinator and council member. This is a two-year alternating term.
5. **FOOTBALL COORDINATOR (1)** – elected by the football coaches at the annual business meeting from the east in even years and the west in odd years to serve first year as vice coordinator and the second year as coordinator and council member. This is a two-year alternating term.
6. **SOCCER COORDINATOR (1)** – elected by the soccer coaches at their annual spring meeting. The current president shall serve in this capacity.
7. **SOFTBALL COORDINATOR (1)** – elected by the softball coaches at the annual business meeting from the east in odd years and the west in even years to serve a one-year alternating term.
8. **TRACK COORDINATOR (1)** – elected by the track coaches at the annual business meeting to serve a two –year term.
9. **VOLLEYBALL COORDINATOR (1)** – elected by the volleyball coaches at the annual business meeting from the east in odd years and the west in even years to serve a one-year alternating term.

7.4 APPOINTED MEMBERS

1. **SECRETARY-TREASURER -** appointed annually by the Executive Council at the annual meeting to serve a one year renewable term.
2. **AT-LARGE MEMBER (1) -** appointed by the president at the annual meeting to serve a one year term.

7.5 RESTRICTIONS OF THE EXECUTIVE COUNCIL

1. Other than the secretary – treasurer, all members of the LHSCA Executive Council must meet the requirements of the LHSAA Coaches’ Rule.
2. The membership of the executive Council shall not, at any time, exceed 16 members.
3. The Executive Council shall meet at least once a year or more frequently upon the call of the president.
4. A quorum shall consist of at least five members voting.

SECTION 8 - EXPENSES

- 8.1 The per mile fee shall be that of the IRS approved fee. This fee shall be updated and changed in the month of July each year.
- 8.2 The LHSCA past president shall have the privilege of attending the annual meeting of the National Federation of State High School Associations held each summer. The following shall be paid by the LHSCA:
 1. Round trip mileage from home to airport of departure at the current IRS approved rate.
 2. Round trip coach air fare.
 3. Single occupancy lodging rate.
 4. Up to fifty dollars per day for meals.
 5. Expenses incurred while serving on the LHSAA Executive Committee during the first year of the past president’s term

- 8.3 The LHSCA president and one executive council appointed football coach, **upon permission granted by the National Federation of State High School Associations**, shall have the privilege of attending the National Federation Football Rule Meeting each year in January. **If approved by the NFHS**, the following shall be paid by the LHSCA.:
1. Round trip mileage from home to airport of departure at the current IRS approved rate
 2. Round trip coach air fare.
 3. Single occupancy lodging rate.
 4. The actual cost of meals, tips, and parking (not to exceed \$50.00 a day)
- 8.4 The President, First Vice- President, Second Vice – President, and Immediate Past-President of the LHSCA will be reimbursed the following amounts when attending state championship events:
1. Round trip mileage at the current IRS approved rate
 2. Up to forty dollars per day for meals.
 3. Lodging up to headquarter hotel rate for 3 nights maximum, 2 nights must be finals
 4. Up to fifteen dollars per day for incidentals.
- 8.5 The President, or his/her designee, will be reimbursed the following amounts for attending the LHSCA All-Star games:
1. Round trip mileage at the current IRS approved rate
 2. Up to forty dollars per day for meals.
 3. Lodging up to headquarter hotel rate for 3 nights maximum, 2 nights must be finals
 4. Up to fifteen dollars per day for incidentals.
- 8.6 All claimed expenses must be submitted to the secretary-treasurer on an approved LHSCA expense form and all receipts attached.

SECTION 9- BUSINESS MEETING

- 9.1 ANNUAL MEETING
- 9.1.1 The annual meeting of the LHSCA shall be held each summer during the coaching clinic
- 9.1.2 A quorum shall consist of the active members present, due notice having been given.
- 9.1.3 The usual order of business shall be as follows:
1. Call to order by president.
 2. Reading of minutes and disposal of any unapproved minutes.
 3. Unfinished business.
 4. Report of officers.
 5. Report of Committees.
 6. New Business
 7. Elections
 8. Adjournment
- 9.2 AMENDMENTS
- 9.2.1 The Constitution may be amended at the annual meeting.
- 9.2.2 A two-third vote is required of the voting members.
- 9.2.3 Only amendments of changes submitted in writing to the Secretary-Treasurer at least thirty days before the annual coaching clinic will be considered.

SECTION 10 – ADMINISTRATION

- 10.1 The following shall be the administration for the LHSCA
1. **SECRETARY- TREASURER** – The Executive Council shall contract a secretary-treasurer with an administrative background and an interest in, and knowledge of, high school athletics and coaching. The secretary –treasurer shall perform the duties outlined in article 6.5.3
 2. **ASSISTANTS TO THE COMMISSIONER** – The Executive Council shall contract the assistants to the commissioner of the LHSCA who shall be responsible to the secretary-treasurer and perform duties delegated by him/her on an annual basis.
 3. **LHSCA PERSONNEL** - The Executive Council shall lease and/or borrow employees of the LHSCA to assist in the everyday duties of operating the association. The staff shall perform the duties assigned by the secretary-treasurer and billing for these services will be done on an annual basis.
- 10.2 The Secretary-Treasurer and the other administrative staff shall be compensated as approved by the Executive Council.

SECTION 11 – SCHOLARSHIP PROGRAM

- 11.1 The LHSCA, each year, shall award four \$1,000 scholarships to qualified and deserving high school graduates with the intent to assist the graduate in furthering his/her education at the college or university level.
- 11.2 **ELIGIBILITY FOR SCHOLARSHIPS**
- 11.2.1 The following shall be the criteria used to determine the eligibility of a student to receive the LHSCA scholarship:
1. All applicants must be the son, daughter, or legally adopted child of a member of the LHSCA.
 2. The above mentioned member must have belonged to the LHSCA for the five year period immediately prior to the submission of the application.
 3. Children of deceased members are eligible to apply if the said member belonged to the LHSCA five years prior to death.
 4. Applicants must be a graduate of an accredited high school.
 5. Each applicant must show ample evidence that he/she is capable of succeeding at the college or university level through his/her transcript, GPA, class rank, ACT and/or SAT scores.
 6. The recipient must attend a college or university in Louisiana.
 7. There shall be no discrimination based on sex, race, creed, or nationality.
- 11.3 **SCHOLARSHIP RECIPIENTS**
- 11.3.1 Evidence must be submitted to the secretary-treasurer of the LHSCA that the applicant has been accepted into an accredited institute of higher education.
- 11.3.2 The evidence must be certified by the school registrar.
- 11.3.3 Upon receipt of this certification by the secretary-treasurer of the LHSCA, the scholarship money will be deposited with the institution selected.
- 11.3.4 The scholarship money may be used for purposes including fees, room and board, books, tuition, or any other educational needs.
- 11.3.5 This scholarship, in addition to other grants of financial aid such as scholarships, loans, grants, or work study programs cannot exceed the cost of the educational expenses listed above.
- 11.3.6 Any individual will be limited to one \$1,000 scholarship from the LHSCA.
- 11.4 **APPLICATIONS**
- 11.4.1 Applications must be submitted to the secretary-treasurer of the LHSCA between December 1 and May 1 of each year.
- 11.4.2 Final selection will be made by the selection committee during the month of May.
- 11.4.3 The recipients will be announced at the annual coaches' clinic general business meeting.

SECTION 12 – ALL – STARS

12.1 EAST – WEST BOUNDARIES

12.1.1 The following guidelines will be used to determine the East-West boundaries for selecting all-star teams for **baseball, boys' and girls' basketball, and softball**:

1. Begin at the Arkansas line running south on Highway 167 to Highway 71
2. Follow Highway 71 to Highway 190 to the Mississippi River.
3. Proceed down the Mississippi River to the Gulf of Mexico.
4. Schools on the line will be in the East.

12.1.2 The following guidelines will be used to determine the East –West boundaries for selecting **volleyball** all-star game.

1. Begin at I-55 South to I-10 until Exit 94 – Highway 641 – Gramercy exit – south to Airline Highway, U.S. Hwy. 61.
2. Go Southeast to I-310 and proceed south to Boutte.
3. From I-310 take U.S. 90 Southwest to Raceland to Highway 308, take Highway 308 south to Golden Meadow where you cross over to Highway 1.
4. Take Highway 1 south to Grand Isle to the Gulf.
5. Schools on the line will be in the West.

12.2 PLAYER NOMINATIONS

The following shall be the guidelines used when selecting an all-star candidate:

1. The Secretary – Treasurer shall make available school nomination forms through the LHSAA website.
2. Candidates may be nominated by his/her head coach from their school.
3. Nomination forms should be filled out giving all requested information, signed by the coach making the nomination, and accompanied by a current physical exam form.
4. All nominees must be graduating seniors.
5. If one class does not nominate any players for an all-star contest, players shall be selected from the next classification either above or below the classification that did not submit nominations.

12.3 PARTICIPATION AGREEMENT

12.3.1 Players selected to participate in the LHSCA All- Star game shall sign a participation agreement.

12.3.2 This agreement shall also be signed by the parents and/or guardians, principal of the LHSAA member school the player represents, and the head coach of the sport in which the player is to participate as an all-star.

12.3.3 This agreement may become null and void by anyone of the parties (*LHSCA Executive Council, player, parent/guardian, principal, or coach*) upon written notice to the LHSCA president and the secretary-treasurer.

12.4 LIMITATIONS

12.4.1 In order to participate in an LHSCA sponsored all-star contest, the student-athlete must be classified as a senior and he/she must meet all the scholastic requirements for eligibility and be on schedule to graduate during his/her eighth semester of eligibility.

12.4.2 A coach may nominate as many players as he/she deems worthy to participate in the all-star games.

12.4.3 No school shall have more than three players named to one of the all-star teams. (*EXCEPTION: When all nominees and alternates have been exhausted, Rule 14.5.2 shall not apply*)

12.4.4 **During the school year, players selected to participate in an LHSCA All-Star game shall not report before the Friday of their respective all-star weekend.**

12.4.5 Coordinators and coaches, who are selected to coach in the all-star games, may report on the Thursday prior to the athletes reporting for organizational meetings.

12.5 SUBSTITUTIONS

- 12.5.1 Players who do not accept to participate in an all-star event will be replaced by his/her assigned alternate.
- 12.5.2 When all alternates in one classification are exhausted, the coordinators will then draw from another Classification the position needed to complete the squad.
- 12.5.3 Coaches who do not accept to coach in the all-star event, will be replaced by his/her alternate or another coach selected by the executive council.
- 12.5.4 In the event an all star coach leaves the high school coaching field in good standing, he/she may continue his/her duties until the end of the next annual clinic.

12.6 ALL-STAR SELECTION COMMITTEE

- 12.6.1 All selection committees shall be composed of one member coach from each division/classification from the east and from the west. (*EXCEPTION: In football, the coaches selected to coach the all-star game shall serve on the football selection committee.*)
- 12.6.2 The executive council shall select the committee members assuring that all the areas of the state are represented.
- 12.6.3 The executive council shall announce the various committees at its general business meeting of the LHSCA during the annual coaches' school.
- 12.6.4 The coaches selected to coach an all-star game shall also serve on that team's selection committee.
- 12.6.5 Committee members shall be notified by the secretary-treasurer, in writing, of meeting dates.
- 12.6.6 Committee members shall be partially reimbursed for their traveling expenses as determined by the executive council.
- 12.6.7 If a coach has been selected to serve on one of the all-star selection committees and he/she does not complete the sport season in that sport, he/she shall not be allowed to serve on the selection committee to which he/she has been selected.

12.7 BASEBALL GAME

- 12.7.1 The all – star baseball game shall be sponsored by the Louisiana High School Baseball Coaches Association and will be played on the Friday and Saturday of the forty-seventh week of the National Federation Calendar.
- 12.7.2 In the event of a rainout Saturday, the game shall be rescheduled for the Sunday of the forty-eighth week.

12.8 BASEBALL COACHING COMPOSITION

- 12.8.1 The baseball coordinators shall select a head coach and two assistant coaches for the east and the west teams.
- 12.8.2 Each of the coaches must be a coach from a school that is located within the respective boundaries.
- 12.8.3 If all coaches in either or both sections are not available to serve as a coach for any reason, the committee shall have the authority to use its discretion in filling the position(s)

12.9 BASEBALL SQUAD COMPOSITION

- 12.9.1 Each twenty-five member squad shall consist of the following players:
 - 1. Seven pitchers
 - 2. Two catchers
 - 3. Two first basemen
 - 4. Two second basemen
 - 5. Two third basemen
 - 6. Two shortstops
 - 7. Six outfielders
 - 8. Two designated hitters
- 12.9.2 Each team must have **ONE** player from each classification. The other eighteen players will be at-large selections from any class.
- 12.9.3 Players who cannot attend Friday night's game because of graduation will be allowed to play in the Saturday game.

12.10 BASEBALL GAME RULES

12.10.1 The game shall be played using the current years' National Federation Baseball Rules.

12.10.2 The game shall consist of two (9) inning games.

12.10.3 If the home team is ahead in the bottom of the ninth inning, it shall be allowed to bat if its head coach so elect.

12.10.4 Each position player will be guaranteed nine innings of play. Each nine innings will be broken down in the following manner:

1. Starters on Friday (*excluding pitchers*) will play the first (5) innings, while the next (4) innings will be played by the remaining members.
2. Those players who did not start Friday's game will start Saturday's game and will play the first five innings, while the next (4) innings will be played by the remaining players.
3. No pitcher will be allowed to pitch more than three innings.
4. A courtesy runner (a player not in the lineup at the time) must be used if the catcher is on base with two outs.
5. The head coach of each team shall be allowed to designate his starting lineup.
6. The West team will serve as the Home team for the Friday night game, while the East team shall serve as the Home team for the Saturday game.

12.11 BOYS' AND GIRLS' BASKETBALL GAME

12.11.1 The all-star basketball game shall be sponsored by the Louisiana High School Basketball Coaches' Association.

12.11.2 The boys and girls all- star game shall be played on the Saturday of the thirty-seventh week of the National Federation Calendar.

12.12 BASKETBALL COACHING COMPOSITION

12.12.1 The boys and girls basketball coordinators shall select a head coach and an assistant coach for the east and west teams.

12.12.2 Each of the coaches must be a coach from a school that is located within the respective boundaries.

12.12.3 If all coaches in either or both sections are not available to serve as a coach for any reason, the committee shall have the authority to use its discretion in filling the position(s)

12.13 BASKETBALL SQUAD COMPOSITION

12.13.1 Each fifteen member squad (boys and girls) shall consist of one player from each classification.

12.13.2 The remaining eight players shall be at-large selections from any class.

12.14 BASKETBALL GAME RULES

12.14.1 The game shall be played using the current years' National Federation Basketball Rules

12.14.2 The following rules shall be used for the boys' and girls' all – star basketball game:

1. The game shall be played in two, twenty minute halves.
2. Each team shall be allowed three (3) full and two (2) twenty second time-outs per game.
3. The starting five players shall play the first five minutes of each half, the second five players shall play the next five minutes, and the final five players will play the next five minutes.
4. After the first fifteen minutes of each half, free substitutions may be used for the remainder of the half.
6. Both teams shall play man-to-man defense throughout the game

12.15 FOOTBALL GAME

- 12.15.1 The all-star football game shall be sponsored by the Louisiana Football Coaches Association.
- 12.15.2 The game will be played on the Saturday of the forty-ninth week of the National Federation Calendar.
- 12.15.3 The football all-star game shall be played in conjunction with the Houston Coaches Association NIKE Bayou Bowl 2010 in Texas.

12.16 FOOTBALL COACHING COMPOSITION

- 12.16.1 The head coach shall come from the previous year's all-star coaching staff and shall be selected by the Louisiana Football Coaches' Association.
- 12.16.2 Seven assistant coaches shall be selected from the various areas of the state, when at all possible, and shall be selected by the Louisiana Football Coaches' Association.
- 12.16.3 Coaches interested in coaching in the all-star football game shall submit a written request to the LHSCA by 1st of each year.

12.17 FOOTBALL SQUAD COMPOSITION

- 12.17.1 Each 40 member squad shall consist of one player from each of the football classes.
- 12.17.2 The remaining 35 players shall be at-large selections from any class.
- 12.17.3 Each squad must list an alternate selected for each of the 40 players.

12.18 FOOTBALL GAME RULES

- 12.18.1 The game shall be played using the rules adopted by the Bayou Bowl 2010.

12.19 BOYS AND GIRLS SOCCER GAME

- 12.19.1 The boys and girls soccer all- star game shall be sponsored by the Louisiana High School Soccer Coaches' Association.
- 12.19.2 The game will be played on the Saturday of the 1st week of the National Federation Calendar.

12.20 SOCCER COACHING COMPOSITION

- 12.20.1 The soccer coordinator shall select a head coach and two (2) assistant coaches for the East and the West Teams.
- 12.20.2 Each of the coaches must be a coach from a school that is located within the respective boundaries.
- 12.20.3 If all of the coaches in either or both sections are not available to serve as a coach for any reason, the committee shall have the authority to use its discretion to fill the position(s)

12.21 SOCCER SQUAD COMPOSITION

- 12.21.1 Each 22 member squad shall consist of the following players:
 - 1. Two goalkeepers
 - 2. Four defenders
 - 3. Four midfielders
 - 4. Four forwards
 - 5. The remaining eight (8) players will be at- large selections from any division
- 12.21.2 Each team must have two (2) players from each division. The remaining sixteen (16) players will be at-large selections from any division.

12.22 SOCCER GAME RULES

- 12.22.1 The game shall be played using the National Federation of Soccer Playing Rules
- 12.22.2 The following plan shall be used:
 - 1. The match shall consist of two (2) forty-minute halves
 - 2. All players must play at least 25 minutes
 - 3. The head coach of each team shall be allowed to designate his/her starting line-up
 - 4. Prior to the match, the home team shall be decided by a coin flip

12.23 SOFTBALL GAME

- 12.23.1 The Softball all-star game shall be sponsored by the Louisiana Softball Coaches' Association.
12.23.2 The game will be played on the Saturday of the 46th week of the National Federation Calendar.

12.24 SOFTBALL COACHING COMPOSITION

- 12.24.1 The softball coordinators shall select a head coach and an assistant coach for the East and West Teams.
12.24.2 Each of the coaches must be a coach from a school that is located within the respective boundaries.
12.24.3 If all of the coaches in either or both sections are not available to serve as a coach for any reason, the committee shall have the authority to use its discretion to fill the position(s).

12.25 SOFTBALL SQUAD COMPOSITION

- 12.25.1 Each 18 member squad shall consist of the following players:
1. Two pitchers
 2. Two catchers
 3. One first baseman
 4. One second baseman
 5. One third baseman
 6. One shortstop
 7. One utility infielder
 8. Three outfielders
 9. One utility outfielder
 10. Five utility players
- 12.25.2 Each team must have **ONE** player from each class. The other eleven players will be at-large selections from any class.

12.26 SOFTBALL GAME RULES

- 12.26.1 The game shall be played using the current years' National Federation Softball Rules.
12.26.2 The game shall be played under the following plan:
1. The game shall consist of two seven (7) innings games.
 2. If the home team is ahead in the bottom of the seventh inning, it shall be allowed to bat if the head coach so elects.
 3. All players must play at least two complete innings.
 4. Players designated as starters must play at least three innings except the pitcher.
 5. No pitcher shall be allowed to pitch more than seven innings.
 6. A courtesy runner (a player not in the lineup at the time) must be used if the catcher is on base with two outs.
 7. The head coach of each team shall be allowed to designate his/her starting pitcher and catcher.
 8. Prior to the first game, the home team shall be decided by a coin flip.
 9. The team that is the visiting team for the first game shall be the home team for the second game.

12.27 VOLLEYBALL GAME

- 12.27.1 The volleyball game shall be sponsored by the Louisiana Volleyball Coaches' Association.
12.27.2 The all-star game will be played on the Saturday of the twentieth week of the National Federation Calendar.

12.28 VOLLEYBALL COACHING COMPOSITION

- 12.28.1 The volleyball coordinators shall select a head coach and an assistant coach for the East and West teams.
12.28.2 Each of the coaches must be a coach from a school that is located within the respective boundaries.
12.28.3 If all of the coaches in either or both sections are not available to serve as a coach for any reason, the committee shall have the authority to use its discretion to fill the position(s).

12.29 VOLLEYBALL SQUAD COMPOSITION

- 12.29.1 Each thirteen member squad shall consist of one player from each of the volleyball division.
12.29.2 The remaining eight players shall be at-large selections from any division.
12.29.3 The twenty-six players selected to play in the game shall be selected through a lottery to be placed on either the East or the West team.
12.29.4 The four coaches of the East and West teams shall meet and conduct the lottery.

12.29.5 The West will have the first pick in the even years and the East shall have the first pick in the odd years.

12.30 VOLLEYBALL GAME RULES

12.30.1 The game shall be played using the current years' National Federation Volleyball Rules.

12.30.2 The National Federation Rally Scoring Rules shall be used.

12.30.2 The game shall be played using the following plans:

1. The match shall be the best three out of five games.
2. The starting six players and the libero, if used, shall play the entire first game
3. The second game shall be played entirely by the next six players and the libero, if used.
4. After the completion of the first two games, free substitutions may be used.
5. The libero position may be implemented throughout the entire match.

ARTICLE 13 – COACHING CLINIC

13.1 The annual LHSCA coaching clinic shall be held during the third week of the National Federation Calendar.

13.1.2 **The Executive Council shall seek bids to host the Annual Summer Coaching Clinic. This shall be done at the annual meeting in January prior to expiration of the present contract in July.**

13.1.3 All facilities to be used during the coaching clinic must be approved by the Executive Council one year in advance of the coaching clinic.

13.1.4 The registration fee for the coaching clinic shall be \$40.00 for Louisiana coaches and residents.

13.1.5 The registration fee for the coaching clinic shall be \$50.00 for out-of-state coaches and residents.

13.1.6 Guest lecturers for the coaching clinic shall be determined by nominations made from the floor during the various sports business meetings.

13.1.7 The coaching clinic hosts shall meet the following requirements in order to be able to host the event:

1. Comfortable air-conditioned auditorium to seat approximately 750 people.
2. Five air-conditioned lecture rooms in close proximity to the auditorium.
3. Large area for registration
4. A room to serve as headquarters and meeting rooms for the Executive Council.
5. Courtesies to which hosts may wish to extend to coaches and spouses with the approval of the Executive Council.
7. Exhibit area

ARTICLE 14 – AWARDS PROGRAM

14.1 LHSCA DISTINGUISHED SERVICE AWARDS

14.1.1 Each year the LHSCA shall honor individuals selected by a subcommittee of the Executive Council.

14.1.2 The subcommittee shall meet in May to select the recipient(s).

14.1.3 The individuals selected must have displayed dedicated service to the LHSCA.

14.1.4 The awards shall be presented in July at the general business meeting during the coaching clinic.